# Friends for Fun, Safety and Knowledge









### Your Chapter Team

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### **<u>Ride Coordinator</u>**

Roger Early 859-608-1323 rearly2000@insightbb.com <u>Couple of the Year</u> Michael & Dedre

### April 2013

### Wing It with Mike and Dedre

Riding season is BACK!!! In case you have missed our emails or ride schedule, we have had several great outings and rides. Randy led us to Our Best in Smithfield earlier and we were treated to an excellent lunch. Please don't share this with Denise, she might get upset with Randy. We have been visiting our sister chapters gatherings and having a wonderful time as well.

Chapter W will have their one year anniversary on July 20th. I will update everyone as to the logistics of the gathering. This will definitely be a good time. Steve and Denise have done a really great job getting that chapter going, so we should give them all the support we can.

Roger has updated our ride schedule and we are taking recommendations as we go. Please look to our website for that information. We have gotten some really good ideas, now we just need folks to ride along with us!!

Please remember your training as you begin this season. Safety is priority for us Goldwing riders and we want to enjoy your company for years to come. Check tire pressure, lights, oil levels and cables before each ride. As always, arrive at our rides with an empty bladder and a full tank of gas.

We have invited Chapter S to ride along with us for our Kentucky Derby Ride on May 4th. We are also hoping to have some very privileged parking at Keeneland when we arrive to watch the derby via Simulcast. This was a really good time last year, and we hope to have an even better time this year.

Dedre and I are here to serve you Chapter C. Please do not hesitate to contact us with any ideas, thoughts, or concerns. We will make every effort to keep this as FUN and enjoyable as possible!!!

### Dedre has updates on the Couple of the Year!

When it rains, it pours! Three Goldwing meetings this weekend! Chapter C folks were at all of them. Friday night was Chapter H in Shelbyville with Roger & Karen Early and Dedre. Rick Broadway taught a leadership seminar on Remembering Names. Saturday was a full house at Chapter A in Louisville since they had the traveling plaque. Russ Bell, Roger Early and Mike & Dedre tried to capture the plaque, but Chapter H won it. We'll be calling on you all to join us at Chapter H on Friday, May 3 to try again! On Sunday, Roger Early, Russ Bell, Randy & Denise Coy and Mike visited Chapter S.

We had a yummy dinner this past Thursday at Joe Bologna's. Roger has picked some good places for dinner, and what a variety! I've enjoyed them all. What's your favorite place to eat?

Our District Couple of the Year, Rick and Liz Broadway, have set up a new fundraiser for the Couple of the Year program. We will have 25 tickets to sell to raffle an IPAD. The tickets will cost \$5 each, and only 175 total tickets will be sold. The drawing will be held when the tickets are sold, but you do not have to be present to win.

We aren't able to be on the next ride, but we will see you at our next meeting on April 23! Until then, ride safely!

Michael & Dedre VanHoose

2013 Chapter C Couple of the Year





We had a great time and a very good ride to the Kentucky Derby Museum. Along for the ride were Fred Hight, Roy Taulbee, Jeff and Carol Graves, and myself. The tour included a guided walk around the Churchill Downs grounds, and we found our way to the café for really good food.

# **GOO Gives Us An Educational Perspective!**

# **Mental Alertness**

The horses are running at Keeneland, Louisville won the NCAA and my lawn has been mowed for the second time. So if I reduce that to a common denominator the conclusion is *"Spring Is Here"*. It is a time of celebration among us "Gold Wingers as we shake off those cobwebs and begin to think about the riding season ahead.

There is a old saying that applies to not being able to ride during the winter months; "use it or lose it". All during the winter solstice that saying has been working its black magic. And a common cause for accidents at the beginning of the season is this ill-fated combination of too much enthusiasm and rusty riding skills? Not only were our bikes and riding gear covered with those winter cobwebs but so was the grey matter we protect with our helmets. Just this month alone two motorcyclists have lost their lives due to errors.

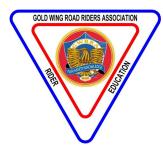
There is a re-entry process that we have to do to get our mind and body once again in sync with the operation of our bikes. It's a weird feeling when your body is at odds with your intentions. The Paradox is that we must do things without thinking about them. It applies to more than the operation of the bike, but to those mental calculations that must be made, analyzed and reacted to. We have to once again become proficient in scanning techniques and planning to the point that they are reflexive. If we have to think through all such things, we may have already crashed.

Repetition is not glamorous and doing something over and over is boring. But *"practice makes perfect"* and when riding, these tasks are enjoyable. Our objective is simple, as we relax and focus on the results of our actions, mental and physical tension fades into the background, our riding proficiency improves and presto we are once again back in sync with our bikes and enjoying the company of our GWRRA family.

**Ride Safely** 

Russ "Goo" Bell

**Chapter Educator** 





# Roger has more rides scheduled, take a look!!

The weather is starting to get warmer and hopefully you and your bike are ready for some riding. The list of upcoming rides is below. I hope you can join us for many of the rides.

- Paper April 20 Lincoln Homestead State Park
- May 4 Kentucky Derby Ride
- Image: May 11 Hot Brown Ride (http://gwrraky.com/Doc/HBRide%205.13.pdf)
- 2 June 8 Bourbon City BBQ Festival Bardstown, Kentucky
- 2 June 22 Opal's Restaurant McKee, Kentucky

We continue to enjoy the food and fun at the dinners. Please come out and join in the fun. Here are the upcoming dinners (we eat at 6:00):

- Papril 11 Joe Bologna's on Maxwell
- Image: May 13 Billy's Barbeque on Cochran Road
- 2 June 3 Shamrock's Bar and Grill on Hartland Parkway
- 2 June 17 Wallace Station on Old Frankfort Pike

For more information about the rides and future dates please see our events calendar at http://www.gwrrakyc.org/events.php. The calendar also includes the various Chapter Meetings and the Region Events. If you have any questions or corrections, please let me know.

I hope to see you at the rides and the dinner gatherings. I'll send more details and reminders as the dates get closer. Please mark the dates on your calendar so hopefully you can join in the fun.



As you can tell, we like to eat. This was our Cracker Barrel outing on February 21, 2013. GOOD TIME!!

# Membership Enhancement news from Randy!

Have you ever had the automated perimetry exam? It's designed to test your field of vision or your peripheral vision. You're seated in the chair with your chin resting in a cup and you focus on a rather bright light in the center of your vision. While focusing on the light, other images intermittently appear and disappear. Each time you see one, you respond by pressing a button. The real test is staying focused on the light in the center.

It seems to me that there may be a metaphor for life in general and for chapter life here. Staying focused on the main thing is a good lesson for just about every aspect of life. I've heard a number of business persons say to me, "Keep the main thing, the main thing."

The question then becomes for us, "What is GWRRA's main thing?" The motto says it all. "Friends for Fun, Safety and Knowledge." Common complaints that I hear from local chapters are sometimes centered on the need for recruitment of leadership and educational requirement that are necessary to keep the chapter going, etc. We already know, because of our rider education, when you want to do a U turn from a standing start, with two riders up, the place that you want to focus is on is where you want to go. Don't focus on the curb that you are trying to avoid!

It seems to me that the main thing should be building friendships and having fun. Call me crazy but I think I've got an idea. Let's ride those big beautiful, light decked machines called Gold Wings! Our Chapter C Ride Coordinator, Roger Early is doing a bang up job of offering opportunities to get on bikes, and sometimes in cars, and enjoy one another's company. Let's laugh together and keep focusing on the center of what binds us together. If we do that, we won't have to worry about where the leadership will come from. That will take care of itself.

See you on a ride soon.

**Randy and Denise** 





## THE 2013 CONVENTION SCHEDULE



"Spring Fling" **Tennessee District Convention** Camp Jordan Arena, East Ridge, Tennessee 25 - 27 April, 2013



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WING DING 35

THE GWRRA NATIONAL OFFICE PRESENTS

TD Convention Center, Greenville, South Carolina 3 - 6 July 2013

THE BLAST THE KENTUCKY DISTRICT PRESENTS 8 - 10 August , 2013 Frankfort Convention Center

Frankfort, Kentucky



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