



Bluegrass Wings Team

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Couple of the Year

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Newsletter Editor

Michael & Dedre VanHoose

August 2013

Wing It With Mike and Dedre

Wow, what a month this has been! The Blast had a lower than usual turnout from our membership, but we still had a great time. Great classes, great rides to Toyota and Wallace Station, catching up with old friends and as always making new ones. We were graced by Harry and Joan Dollarhide (International Riders Education), Alan and Carolyn Little (Region N Directors), Russ and KJ Kimmett (Region MEP), Richard and Becky Griffith (Tennessee District Directors), Dennis Westin (Virginia District Director), and so many past and current Couples of the Year from all over we couldn't count them. We had 11 Chapter C participants work at The Blast and our thanks to those that took the time to help out.

From the ice cream social to closing ceremonies, The Blast really was a blast. We hope many more take advantage of the opportunity to attend next years event.

A celebration is in order for our chapter. Thanks to your continuing support and confidence in us, Dedre and I were selected as the new District Couple of the Year. Our thanks to everyone who gave us the chance to represent you and our chapter.

And if you have not been to the Windy Corner Restaurant on Bryan Station Road, you missed a really good chance Thursday the 15th. Roger put together a really good ride with really good food. Dedre and I, Randy and Denise Coy, and Roger Early went — snooze ya' lose is all I can say!



The new look for the GWRRA education programs. This is the symbol for the GWRRA University Training Program. This entails Leadership Training, Riders Education and Membership Enhancement. All under one roof. They still have a few wrinkles to work out, but this is the future look for education.



RIDER EDUCATION



Keep Those Emotions Under Control

I have been watching a cable TV program that deals with the examination of airplane disasters. When they replay the cockpit recordings of the communication between pilot, co-pilot and the tower; I'm amazed at the calm demeanor and speech patterns. These people must have ice water in their veins. They have to because they have hundreds of lives at stake and they must have total concentration on trying to correct a dangerous scenario. Of course there are examples of distracted piloting like the accident at Blue Grass Field in Lexington when that plane tried to take off on the wrong runway.

Similar situations that are as dangerous can also develop for us motorcyclists when we ride emotionally distressed. According to the therapist there are seven "basic" emotions.

Anger from being cut off by another motor vehicle

Contempt from being stuck in slow moving traffic or behind a slow moving vehicle on a two lane country with no room to pass

Fear that is produced by a sharp curve that you took a little too fast

Disgust produced by erratic riding behavior of a member in a group ride

Happiness that is produced from just riding on a beautiful day

Sadness from the death of a family or chapter member

Surprise like when you see road debris at the apex of a blind curve you are trying to negotiate

Anxious/Hurried when you are driving too fast because you're late for an event or trying to catch up on a group ride because you got separated

When we are overpowered by our emotions our reaction time is diminished, our ability to S-E-E (Search - Evaluate - Execute) dangerous situations is reduced, we take unnecessary high risks, our level of riding skills are impaired and finally we have a disconnection from our riding environment.

When emotionally charged events develop while on a ride; take a break, decompress and regain a more balanced state of mind. After recovering a calmer state; then get back on the road and continue your ride.

The bottom line is that safe riding demands that a rider be much like the airline pilots; focused and calm on the job at hand even in situations that does not have good odds of making it.

Remember Life Has An Expiration Date

Go

Russ Bell

Chapter Educator

Blue Grass Wings Ky-C



A THANK YOU TO CHAPTER C



MICHAEL AND DEDRE WANT TO PERSONALLY THANK EACH AND EVERY PARTICIPANT OF KENTUCKY CHAPTER C FOR THEIR SUPPORT OF THE COUPLE OF THE YEAR PROGRAM AND FOR GIVING US THE OPPORTUNITY TO REPRESENT YOU, OUR CHAPTER, IN THE DISTRICT COUPLE OF THE YEAR SELECTION PROCESS AT THE BLAST CONVENTION THIS YEAR. YOU HAVE OUR HEARTFELT APPRECIATION!



Way to go Chapter C Kentucky!!! Again, Chapter C won the Visitation Award at The Blast 2013 in Frankfort, KY. Thanks to all who helped with visitation this past year!



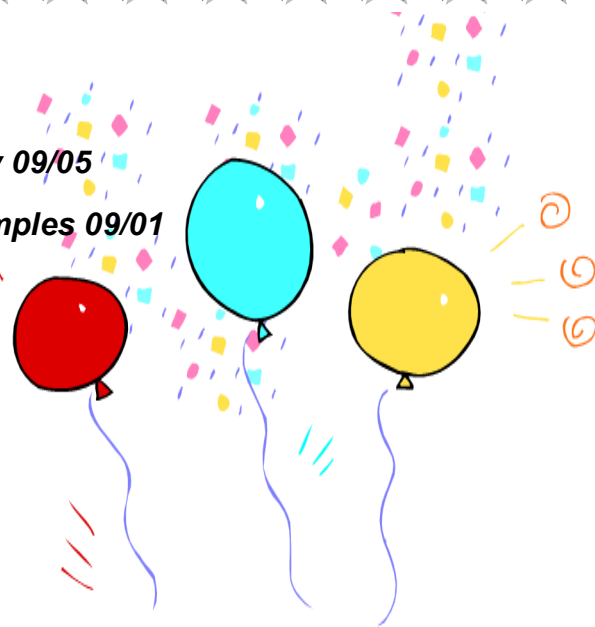
Birthdays

- Kentucky Chapter C**
- Alice Sellers 09/01**
- Donna Toon 09/08**
- Rick Wise 09/14**
- Roy Campbell 09/20**



Anniversaries

- Roger and Karen Early 09/05**
- Danny and Martha Samples 09/01**
- Mitchell Young 09/14**



KY-C MONTHLY GATHERING INFO

The Bluegrass Wings gather the 4th Tuesday of every month at Roosters Restaurant at 124 Marketplace Drive, Lexington, KY. We eat at 6:00 and meet at 7:00. Let's get together and have some FUN!!

Ride Events



Web page www.kybluegrasswings.org



Karen and I attended the Kentucky District Blast and had a great time. The weather could have been a little better but it wasn't too bad. We had two groups participate in the Toyota Plant Tour. Randy and Denise Coy led one group and I had the pleasure of leading the second group. Karen has been on the tour before so she decided to stay and work at the Convention Center. Most of my group either headed to other pre-planned destinations or they headed back to the Convention Center after the plant tour. I was able to lead another bike through some of our horse farm area and they were impressed. I guess I have ridden enough around here that I was taking some of the scenery for granted. We have some great rides right here in our own area. It was a pleasure to show off a small part of our horse farm area.

One of the other highlights from the Blast for me was climbing into the cab of the "Share the Road" truck. It was frightening to see how big the blind spots are on the trucks without some additional mirrors. One of the drivers uncovered one of the "optional" mirrors and I was amazed at how much more I could see around the truck. It was a very convincing demonstration. If you want to learn more, I found an instructional video on YouTube at <http://www.youtube.com/watch?v=NAL2SC8avKI>.

We have some fun rides coming up and I hope you can come out and join us. The list of upcoming rides is below.

August 24 – Elk Creek Winery

September 7 – Marengo Caves

September 14—Ride to Stearns Railroad to meet TN Goldwingers.

September 21 – Mystery Ride (Bring your Ideas)

October 5 – Corvette Museum

We continue to enjoy the food and fun at the dinners. Please come out and join in the fun. Here are the upcoming dinners:

August 29 – Dinner at Firehouse Subs on Leestown Road (Eat at 6:00 and ride afterwards for dessert)

September 12 – Ride to Gibby's Deli in Frankfort (Meet at the Thornton's on Versailles Road at 6:00)

September 23 – Ride to Casa Café in Richmond (Meet at Kroger's in Brannon Crossing at 6:00)

October 7 – Ride to Euro Wine Bar in Nicholasville (Meet at Kroger's in Brannon Crossing at 6:00)

October 28 – Ride to Miguel's in Frankfort (Meet at the Thornton's on Versailles Road at 6:00)

For more information about the rides and future dates please see our events calendar at <http://www.kybluegrasswings.org/events/>. The calendar also includes the various Chapter Meetings and the Region Events. If you have any questions or corrections, please let me know.

If you want to see some of the photos from our past events, check out the following page: <http://www.kybluegrasswings.org/photos/>

I hope to see you at the rides and the dinner gatherings. I'll send more details and reminders as the dates get closer. Please mark the dates on your calendar so hopefully you can join in the fun.

Information from your Membership Enhancement Coordinator

Lets got out and VISIT our fellow chapters. Here is a list of when and where they meet. It's FUN to make new Friends.



Chapter A Meet on the 3rd Saturday of the month at Rooster's 7405 Preston Highway
Louisville, KY 40219 Dinner 5:30 - Meeting 6:30



Chapter C Meet on the 4th Tuesday of the month at Golden Corral
185 E. NEW CIRCLE ROAD LEXINGTON, KY 40505 Eat @ 6:00 PM
Meet @ 7:00



Chapter G Meet on the 2nd Tuesday at the Holiday Inn 7905 Freedom Way
Florence, KY 41042 Eat @ 6:00 pm, Meet @ 7:00 pm



Chapter H Meet on the 1st Friday of the month at Stratton Community Center
215 Washington St. Shelbyville, KY 40065 Meet @ 6:30pm



Chapter S Meet on the 2nd Sunday of the month at Golden Coral U.S. 31 W.
Elizabethtown, KY Eat @ 4:00 PM, Meet @ 5:00



Chapter T Meet on the 3rd Saturday of the month at Carriage House
Ramada Inn Paintsville, KY Eat @ 6:00 PM, Meet @ 7:00

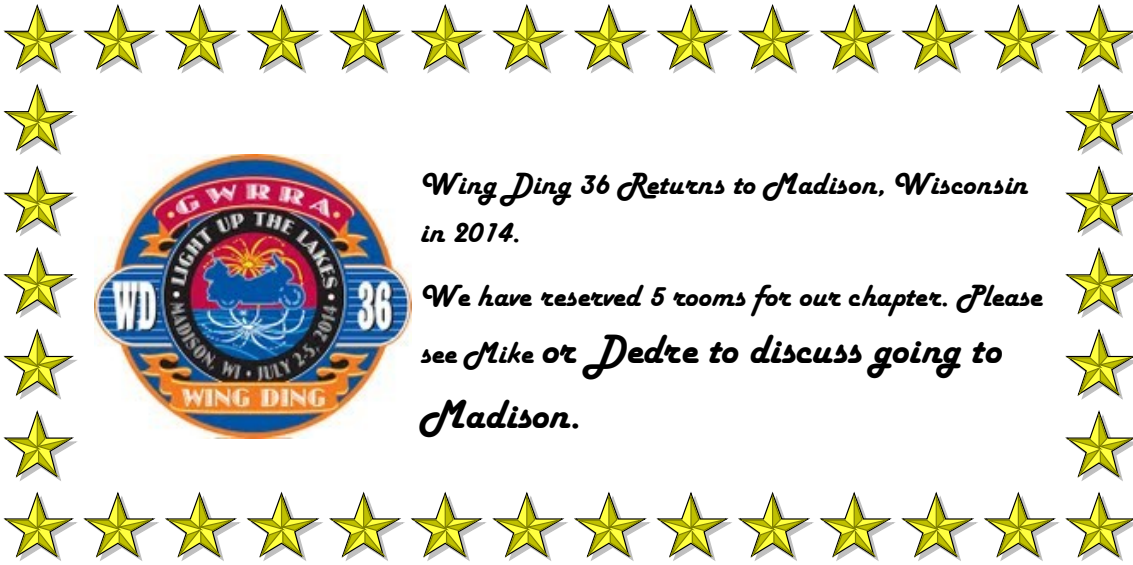


Chapter W Meet on the 2nd Saturday of the month at Tri County Cycle Sales in Corbin at
09:30 am.



Chapter Y Meet on the 1st Thursday at Majestic Family Restaurant
700 S. 6th St. Mayfield, KY 42066 Eat @ 6:00, Meet @ 7:00

Look at the Chapter Gathering days as we will try to visit them all at some point.



Wing Ding 36 Returns to Madison, Wisconsin in 2014.

We have reserved 5 rooms for our chapter. Please see Mike or Dedre to discuss going to Madison.



A FEW WORDS FROM RANDY AND DENISE

What I Did on My Vacation at the Kentucky Blast!

On Friday morning, Denise and I led one of two tours from the Blast to the Toyota Plant in Georgetown. It rained on us just a little before we got there, but we held up okay. We enjoyed the tour. (The plant is ginormous!!!) They produce about 2,000 cars every day.

We took a circuitous (you didn't think I knew words like this, did you) route back to the Blast. We enjoyed beautiful Kentucky farm land and ended by making a loop around the capitol building and showed our North Carolina and Tennessee friends where the governor lives. It was a good day.

We came back to the Blast and saw a beautiful new 2012 Gold Wing that Niehaus Cycle had with them. They've been taking it to all the rallies. It was nice.

We connected with friends that we hadn't seen in a while. It was good to see Jim and Nan Hall from Tennessee. If you remember Jim had a serious accident on his way to the West Virginia gathering two years ago. His recovery is going well and he's even riding the trike with Nan a little bit.

Did I mention that Niehaus had this really beautiful bike with them? Nice!

We volunteered our time working security and the registration booth and received tickets for the "worker bee" drawing. We won twenty five dollars at the end of the Blast!

We watched the folks from Niehaus load that beautiful bike into their trailer. They took it home to Illinois. That was sad.

We had dinner with Roger and Karen Early and to witness what it looks like when Karen gets really tickled. It's funny and a little scary all at the same time. It was a good day.

At the end of the day, the Blast was a blast. The people, the laughter, the bikes and riding make this event worthwhile.

By the way, Denise and I will be riding our bike to Illinois next week in order to bring that beautiful 2012 Gold Wing from Niehaus Cycle to our house. If you come to the next Chapter gathering on Tuesday, August 28, you'll get to see it. It's a good day!!!

News from your Couple of the Year

Greetings from your Couple of the Year!

Have you seen Mike lately? Mike is now on crutches or a scooter (alias the GL5 – he can go 5 MPH!) due to a broken heel. No, it wasn't on the motorcycle, and no, I didn't do it!! (Those were the top two questions at the Blast!) He jumped down from a 6 foot fence and landed in a hole while doing some yard work for my mother. Anyway, crutches and all, we competed in the Couple of the Year competition and won the honor of District Couple of the Year! Save your pennies – we're Region competition bound next fall (2014) and would love to have you come along. Currently the Region competition is at the Virginia Convention (where Liz and Rick Broadway will compete this October), but there might be a new plan for 2014. We'll keep you posted.

So, what does it mean to have a District Couple in your chapter? The Chapter still comes first! We hope to encourage more visitation among the Chapters, so we'll be asking if you want to go along. If there's a chapter you want to visit, then just ask us! Mike has been to all the chapters in KY, but I'm still short Chapter Y. They meet the first Thursday of the month and I want to go!

August is our Chapter birthday month, so join us for cake at our next gathering. I need Goo to tell me how old we are! December will be here before we know it, so be thinking of how we can celebrate. Do we want to go back to Sonny's or try something new? (We won't have a regular meeting in December – just a party!)

Thanks to all Chapter C participants who came to the Blast! See you Tuesday the 27th at our Chapter gathering!

Mike and Dedre VanHoose

During the Kentucky Blast, many classes were held for Leadership, Riders Education and Membership Enhancement. Many thanks to Russ and KJ Kimmett (our Region Membership Enhancement officers) for coming to our convention! Dedre and I taught an MEP class each and were certified to instruct MEP classes. This completes our triad of certifications and in January we will hopefully become Master Instructors.

Chapter C participants enjoyed a special ride with the Kentucky State Police leading the way. The KSP Motorcycle Safety Awareness ride was on July 26 and for what I have heard, they has a really good time. Its always FUN when you can legally run a red light!! Kudos to everyone that represented Chapter C and the GWRRA!



THE 2013 CONVENTION SCHEDULE



"Spring Fling"

Tennessee District Convention
Camp Jordan Arena, East Ridge, Tennessee
25 - 27 April, 2013



DOWN HOME RALLY 2013

THE WEST VIRGINIA DISTRICT CONVENTION
SUMMERSVILLE, WEST VIRGINIA
13 - 15 June 2013



THE GWRRA NATIONAL OFFICE PRESENTS

WING DING 35

TD Convention Center, Greenville, South Carolina
3 - 6 July 2013



THE BLAST

THE KENTUCKY DISTRICT PRESENTS
8 - 10 August, 2013
Frankfort Convention Center
Frankfort, Kentucky



The North Carolina District Presents WINGS OVER NORTH CAROLINA

26 - 28 September, 2013
CADARRUS ARENA & EVENTS CENTER



RALLY IN THE VALLEY

THE VIRGINIA DISTRICT CONVENTION
10 - 12 October, 2013
THE SALEM CIVIC CENTER
SALEM, VIRGINIA



LETS GET OUT AND VISIT GOLDWINGERS!!