



October 2022

Greetings Chapter C!

Bluegrass Wings Team

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Wow, I cannot believe it is October already! We have had some cool mornings, but the afternoons have been very comfortable. I really like this weather better than our hot summer days. I have missed a couple of chapter rides recently due to family events. It's unfortunate that we had to cancel our weekend at the Breaks Interstate Park due to the rains from Hurricane Ian, but we had a fun ride to and from the Apple Festival in Paintsville. (See photos next page)

Please mark your calendar for our Chapter Christmas Party. It will be held on December 6 at Roosters on Richmond Road. The festivities will begin at 6:30. We are having it there since it is a nice private room, and it shows our support for Roosters since they host our gatherings each month. We will have our Dirty Santa gift exchange. If you want to participate, please bring a gender specific gift (a man's gift if you are a man and a woman's gift if you are a woman). The cost should stay between \$20 and \$25. The exchange has always been fun at past parties, and I look forward to it again this year.

Fall is a great time to ride so I hope everyone can get out and enjoy it.

Ride Safe,
 Roger Early

Chapter Director





[Chapter C Membership Enhancement Coordinator](#)

Membership Enhancement Meanderings:

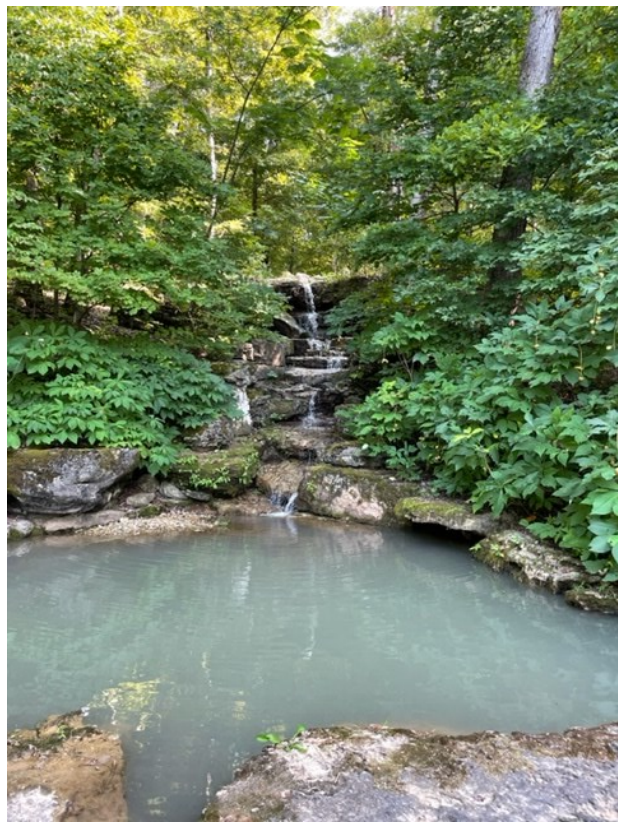
Our Branson trip with Chapter A was a lot of fun. There were 7 Goldwings, 5 of which were trikes and a CanAm. Julie and I were the only two up on two wheels and we did have a few challenges with stops on steep inclines, steep restaurant parking lots and doing slow twisties uphill through Eureka Springs, Arkansas. We rode some interesting roads, saw some shows, ate too much and enjoyed socializing with the group. Julie and I really appreciated Don Price's planning and accommodating our "special needs" for parking and navigating two up on two wheels.

Along with everyone else, we are awaiting more details on our new Kentucky independent riding organization. We look forward to some Chapter C rides, while having the freedom to ride with more couples in Chapter A, camping with Chapter G and possibly getting closer to our roots on some area rides with Chapter Y.

Ride your ride,

Lynn and Julie Tucker





District Newsletter:

If you are curious about what is happening in our Kentucky District, please check out the District Newsletters. They can be found at <http://www.gwrraky.com/newsletters-page/> .

The Riders Trail

We have enjoyed a wonderful summer and early fall. Rides we have completed include Quaker Steak and Lube, Frank and I traveled to Fairfield Glade in Tennessee for some great golf, and we've had good weather for others to plan some good rides. We tried to go to The Breaks Interstate Park, but hurricane Ian took care of that. We tried to go to Jerry's in Paris but cancelled due to lack of response. Our next trip is to the Texas Roadhouse in Georgetown for dinner on the 13th. We can meet there at 6 pm and need to know whom will be coming so we can assure a seat for all. On the 17th and 18th, we are going to the Dayton Air Force Museum in Dayton, and it is an overnight trip. We will rally at the Paris Pike Marathon Station with kickstands up at 9 am, and we will ride the backroads up to Dayton. Please let us know if you are planning to go so we can plan for motel accommodations. We are planning for a dinner ride on the 27th location to be determined. Again, let us know if you plan to go. The Armory in Ironton will be next on November 5th followed by the General Forbes General Store in Tennessee on the 12th of November weather permitting. Roger has set up the Christmas Party for December 6th at Roosters at 6:30. That will be a great time!!!! We look forward to seeing you all on any and all of these upcoming events. Happy Fall Y'all !!!

Mike VanHoose

Couple of the Year Chatter!

Greetings Chapter C!

Can you believe that it's October already?!?!?! Where has this year gone? I think the older that I get, the faster time goes by. Hopefully we will still have some good riding weather left to enjoy. (Can you believe that Dedre actually said that?!?!?!?)

We need some ideas, Chapter C! Some women may ride more if we can find places to ride to, drop the women at a location for an activity and the men continue to ride. Hopefully they will miss us and come back to pick us up to ride back home. Are there any places that you can think of? Maybe look at some of the festivals next year? Maybe some neat shopping areas like Berea? We may need a chase car to cart our purchases! Give your ideas to Dedre please!

Looking forward to seeing you all at a gathering or dinner ride soon!

Mike and Dedre VanHoose

For more information about the rides and future dates please see our events calendar at:

<http://www.kybluegrasswings.org/events/>.

If you want to see photos from our past events, check out the following page:

<http://www.kybluegrasswings.org/photos/>

Rider Education Report

It is already October, and football season is in full swing. Perhaps you like to go to your favorite tavern or sports bar to watch the game. Here is a reason to be wary next time you go. A panda walks into a bar and gobbles some beer nuts. Then he pulls out a gun, fires it in the air, and heads for the door. “Hey!” shouts the bartender, but the panda yells back, “I’m a panda. Google me!” and continues out the door. Sure enough, *panda*: “A tree-climbing mammal with distinct black-and-white coloring. Eats shoots and leaves.”

This month I would like to present some information about the environmental concerns of our sport. As an outdoor activity, we are subject to all the critters Mother Nature has seen fit to provide. Some of these pests can cause irritation and distraction, but there are things we can do to lessen their impact on our fun.

Let’s examine the Mosquito. Although science has yet to pinpoint what mosquitoes consider an ideal victim, there is a tremendous amount of research being conducted on what compounds and odors people exude that might be attractive to mosquitoes. But with four hundred different compounds to examine, researchers are just beginning to scratch the surface.

It’s not dinner they are sucking out of you. While male mosquitos do not bite people -- female mosquitoes bite us to harvest proteins from our blood to develop fertile eggs. People with Type O blood are bitten nearly twice as often as those with Type A, while people with all other blood types fall somewhere in the middle.

Mosquitoes locate their victims using an organ called a [maxillary palp](#) which detects the carbon dioxide in a person’s breath from as far away as 164 feet. As a result, people who simply exhale more of the gas over time—generally, larger people—have been shown to attract more mosquitoes than others. This is one of the reasons why children get bitten less often than adults.

In addition to carbon dioxide, mosquitoes find victims at closer range by smelling the lactic acid, uric acid, ammonia, and other substances expelled via perspiration, and are also attracted to people with higher body temperatures. Strenuous exercise increases the buildup of lactic acid and heat in your body. Genetics also influence the amount of uric acid and other substances naturally emitted by each person. People with high concentrations of steroids or cholesterol on their skin surface attract mosquitoes. Pregnant women have been found to attract roughly twice as many mosquito bites as others, likely because they exhale [about 21 percent more carbon dioxide](#) and are on average about 1.26 degrees Fahrenheit warmer than others.

Other research has suggested that the type and volume of bacteria that naturally live on our skin affect our attractiveness to mosquitoes. This might be why mosquitoes are especially prone to biting our ankles and feet as these areas naturally have more robust bacteria colonies.

Just a single 12-ounce beer can make you more attractive because drinking alcoholic beverages increases the amount of ethanol excreted in perspiration, and it increases body temperature.

Mosquitoes use vision in addition to scent to locate humans, so wearing colors that stand out (black, dark blue or red) may make you easier to find.

To minimize your risk of being bitten, wear clothes that cover exposed skin. Insect repellants made with the chemical DEET have been proven effective to repel mosquitos. As a natural alternative, mosquito plants and citronella candles work well too.

In summary, if you are a Type O, exercising, pregnant woman in a black shirt, I suggest staying indoors. For the rest of us, stay clean, drink water, wear light colored clothing, and use an effective insect repellant. Be sure to stock the first aid kit on your bikes with itch relief for when these pests get past your best efforts of prevention.

Richard Artmayer

KY District Educator



Team GWRRA Web & Newsletter Contact List-January 1, 2022

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Attention Facebook Users:

Jim Springate has created a Facebook group for our chapter. It is another way to communicate with chapter members. If you use a Facebook application, search for "Bluegrass Goldwing Riders". You can also use the following link to get to the group:

<https://www.facebook.com/groups/1036597176793894>

The Kentucky District also has a Facebook group. Search for "GWRRA OF KENTUCKY MEMBER'S PAGE" or use the following link:

<https://www.facebook.com/groups/328362664780>

Birthdays

Lily Broome 11/9

Jonathon Jones 11/10

Julie Tucker 11/17

Anniversaries

Roy Taulbee 10/21

Timothy and Jayne Ellen Mourning 11/9

Kevin Crane and Angela Carter 11/11

805 Louisville Road
Frankfort, KY 40601





Bad Wolf Burgers is located at 350 Foreman Avenue in Lexington, KY 40508
859-286-9889



BAD WOLF
Fiercely Crafted Burgers



4129 Lexington Road,
Paris, KY 40361

Information from your Membership Enhancement Coordinator

Lets get out and VISIT our fellow chapters. Here is a list of when and where they meet. It's FUN to make new Friends.



Chapter A Meet on the 2nd Saturday of the month at Roosters, 10430 Shelbyville Road #7, Louisville. They eat @ 11:00am, meet @ 12:00pm.



Chapter C Meet on the 3rd Saturday of the month at Roosters, 2640 Richmond Road; the location of the old Chop House. Eat @ 11:00am, meet @ 12:00pm.



Chapter G Meet on the 1st Tuesday at American Legion Post 4, 8385 US Hwy 42, Florence. Socialize @ 6:00pm, meet @ 7:00pm.



Chapter H Meet on the 1st Friday of the month at the UK Shelby County Extension Office, 1117 Frankfort Road, Shelbyville, KY 40065. Meet @ 7:00pm.



Chapter K Meet on the 3rd of the month at the Golden Corral, 1320 North Green Street, Henderson, KY. Eat @ 4:00pm, meet @ 5:00pm.



Chapter S Meet on the 2nd Sunday of the month at Shoney's, 1046 Executive Dr. Elizabethtown, KY 42701. Eat @ 4:00pm, meet @ 5:00pm.



Chapter T Meet on the 3rd Saturday of the month at Giovanni's Pizza. Address is 261 Court St., Paintsville, Ky. Eat at 5, meet at 6.



Chapter Y Meet on the 1st Thursday at Majestic Family Restaurant 700 S. 6th St. Mayfield, KY 42066. Eat at 6:00pm, meet @ 7:00pm.

Look at the Chapter Gathering days as we will try and visit them all sometime.