



Bluegrass Wings Chapter C



March 2024



Chapter C!

Karen and I really appreciate all of the prayers, thoughts, cards and notes after my Mom passed away. She had congestive heart failure for years and unfortunately, her heart became too weak. She understood what was happening and we're thankful the medical team was able to keep her comfortable and she passed away peacefully. Thank You!

We've had some up and down weather recently but there have definitely been some good days to ride. I hope some of you have been able to get out and take advantage of it. I hope to be back on the bike again soon. My recovery from knee surgery is going well but I can't even drive yet. I hope that will happen soon.

Our next meeting is 3/16 and we will have the Individual of the Year mascot with us. We should have some visitors. I hope you will come out and enjoy the time with other chapter members.

Ride Safe,

Roger Early

Chapter Director

Bluegrass Wings Team

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State News

Passport Program

The Kentucky Passport Program was introduced at the 2023 OPS meeting and was well received so a new passport program was started at the 2024 OPS meeting. The purpose of the program is to encourage individuals to visit all the chapters in the state. The program runs from the 2024 OPS Meeting to the 2025 OPS Meeting. Simply print the Passport and when you visit a chapter, have the Chapter Director (or Assistant Director) add their initials and date to the Passport. Everyone that visits all the Chapters will be entered into a drawing for a prize at the 2025 OPS Meeting.

Kentucky Road Riders Shirt

The State Team is proud to introduce an official Kentucky Road Riders shirt. The shirts can hopefully be used when several Kentucky Road Riders attend an event such as other State Rallies or the Wing'd Rally. For more information about the shirt, go to <https://blankstore.club/shop/ols/categories/ky-road-riders-state-shirt>.



Ride In

The 2024 Ride In will be held in Henderson, Kentucky and will be hosted by Chapter K. Please check on the State website, <https://www.kyroadriders.org/>, for more details.

The Blast

The 2024 Blast will return to the Showroom in Danville on 8/15/24 to 8/17/24. The theme will be “70’s Hippie’s Bash – Peace Love and Motorcycles”. Rider courses will be held on 8/18/24 at the same location. Please check on the State website, <https://www.kyroadriders.org/>, for more details.

A block of hotel rooms has been setup at the Hampton Inn and the Holiday Inn Express in Danville. The room rate is \$129. The name of the block is Wing’D Riders, KY Blast. Use the following links to make your reservations:

Hampton Inn: <https://www.hilton.com/en/attend-my-event/wing-d-riders-ky-blast/>

Holiday Inn Express: <https://www.hiexpress.com/redirect?path=hd&brandCode=EX&localeCode=en®ionCode=1&hotelCode=DVVEX&PMID=99801505&GPC=WRD&cn=no&viewfullsite=true>

Please mark your calendar and check back later for more details.

Roger Early

Chapter Director

Ride Coordinator Report

The Ride Committee has been busy planning rides for the upcoming year. Here is what we have planned so far.

Saturday, April 27. Red River Gorge with lunch at Miguel's Pizza.

Saturday, May 4th. Corvette museum, Bowling Green.

Saturday, May 18th. After the meeting we will ride to Grandma's Ice Cream in Bardstown

Friday May, 24th to May 26th. Windy 9 in Athen's Ohio.

Saturday, June 8. Hillbilly Hotdogs.

Saturday June 15. After the meeting we will ride to Bud and Cheryl's Ice Cream in Junction City.

Saturday, July 13. Bourbon Trail.

Saturday, August 3. Moonshine, IL. THIS WILL BE AN EARLY START.

Friday, September 6th to September 8th. Tellico Lodge, Tellico Plains. TN, NC and GA mountains.

Save the dates!

Make your reservations now for the Windy 9. A more detailed description of the available hotels is on our Facebook page.

I'll see you on the road.

James O. Springate

Ride Coordinator

For more information about the rides and future dates please see our Facebook page or our events calendar at:

<http://www.kybluegrasswings.org/events/>.

If you want to see photos from our past events, check out the following page:

<http://www.kybluegrasswings.org/photos/>

State Membership Enhancement

Can any of you believe the weather we are having? I have seen numerous bikes on the road during these warmer days and I am hoping to get out myself soon.

It is sooo good to see the chapters visiting with each other and hopefully the new riding season will contribute to even more visitation. As you travel, don't forget to have your passports signed! I personally would love to see 50+ members compete for the passport prize, and it's all up to you to make that happen.

Over the past months I have heard current members express concern about the quality or lack thereof of our national organization. I cannot force any of you to accept anything other than what you perceive as factual about the Wing'd Rider organization. Here is what I offer to you. Think back to the days when the GWRRA first began. It took them several years to bring that to prominence. All new things begin small and take time to grow and develop. Today, we are the Kentucky Road Riders. We are a part of the Wing'd Rider organization. This gives us a national organization that supports our chapters and states, all while giving us individually a place to gather and socialize. They do not demand from us like the GWRRA did. My hope is that you give the organization time to grow and mature, and in turn grow yourselves within our state. We have, as a state, set a standard for others. We are the only state where all our chapters agreed to become Wing'd Rider participants. We are the only state to continue the Membership Enhancement Program. We have set ourselves as unique among the others and I for one kind of like that idea. Your membership in Wing'd Rider gives you a chapter to associate with without any further requirements. Your membership is what you make of it! It is your chapter that supports you and provides you with the opportunities we all enjoy. In time, we will see growth and an ever bigger national rally that everyone wants.

For January, our Newsletter of the Month winner is Chapter G! Congratulations!!!!

Mike and Dedre VanHoose

Kentucky MEPC

Membership Enhancement Coordinator Report

Happy March Chapter C!

We had visitors in the house at our February gathering. Chapter A won the plaque, so we need to go there to get it back again! They meet on Saturday, March 9 at the Rooster's on Shelbyville Rd in Louisville. They eat at 11, meet at 12, like us. So far Tim, Jayne Ellen, Jim and Karen are heading that way. Please let Tim know if you can join in the fun! The current plan is to meet at the Flying J in Waddy off of 64 at 10am.

On February 22, Tim, Jayne Ellen, Mitch, Kathryn, Jeff, Pam, Mike and Dedre enjoyed Joe B's in Lexington. Good food, wonderful bread sticks and good company on a rainy night. Tonight, Monday, March 4, Tim, Jayne Ellen, Mike, Dedre, Gerry, Denise, Jeff and Pam enjoyed Red State BBQ. Tim and Jayne Ellen even rode! Good chats and good food!

Mark your calendars for our next dinner rides:

Tuesday, March 26 we will meet at Ramsey's Diner, 4391 Old Harrodsburg Rd, Lexington, 40513 at 6pm.

Wednesday, April 3 we will meet at Cracker Barrel off of Winchester Rd at 6pm. If Mike has to work that day, I'll enjoy the Wednesday special of Broccoli cheddar chicken with my Goldwing friends! LOL (Normally I'm cooking at church on Wednesdays so I miss out....but this is spring break week!)

Thursday, April 25 we will meet at Copper River in Nicholasville. If you want to take the long way there, we'll leave from the Kroger in Versailles at 5:30 to be at the restaurant by 6:30.

We welcomed a new visitor at our last gathering – Ken Ralston. Thank you to Tim and Jayne Ellen for helping him get acclimated.

We look forward to seeing you at our next gathering – Saturday, March 16, eat at 11 and meet at 12!

Dedre and Mike VanHoose

MEC



District Educator Report

Richard Artmayer, Kentucky State Educator

Throughout my whole life I have been told over and over to go faster, hurry up, or just get it done. When I got my first job with taxable income in 1984, one of the first criticisms I received was because I was trying to go fast. “The faster you go, the further you get behind” I was told, and yet it was also made clear to me that the time it took me to make pizzas during the dinner rush was nowhere near fast enough. Sometime around 2010, I was informed by my supervisor that if I never made any mistakes, I would never get behind in my daily work. But, he continued, you make mistakes when you hurry. Even outside of work, the little voice in my head would tell me to rake those leaves faster to leave enough time to clean up, eat dinner, do the dishes, catch my favorite show, and still get to bed on time. I would start out sweeping the lawn just as fast as I possibly could to get the area clear of leaves. But every time I started fast, I would find myself perspiring and breathing heavily, I would get anxious to finish, and my energy level would be sapped in no time.

All these life experiences keep replaying in the back of my head. Until there is an epiphany, like the feeling you get during the last two or three moves completing a Rubik’s cube. After working and working, trying countless combinations of moves, you can see you have the solution, and you complete the puzzle with every piece in place. This exact thing happened on the way back from the Virginia Rally. I am not exactly sure where or when, but it happened. And I realized that riding a motorcycle well is very much like working well. You must slow down to go faster.

When you “slow down to speed up,” you allow yourself to take a steadier pace in exchange for a greater degree of control and focus over your work as a whole. The first set of twisties we came to on the ride home was a perfect place to test this idea. So, I slowed down. I worked to develop a rhythm of checking the GPS for the road ahead, checking the road signs, checking my speed, checking the road surface, and checking on my friends in the group behind me. I repeated this process over and over, turn after turn. I found that although I had started at a slower speed, I was getting down the road faster, more comfortably, and with less stress. Slowing down allows me to concentrate on everything I have learned in the Advanced Riders Course. I tried this when raking leaves. I set myself into a steady rhythm and focused on moving the rake one swipe at a time, steady and methodical. I found I can clear more lawn in less time with less fatigue, with plenty of energy remaining to move all the piles of leaves off of the lawn and into the woods.

Trying to work faster and faster ultimately will result in cut corners, missed details and lower quality, which often results in having to go back and redo what was done wrong the first time, lowering productivity. Focusing on only riding as fast as possible may result in data overload for many riders. To compensate, greater physicality is required, resulting in fatigue occurring early in the ride. More targets arriving faster increases stress and the likelihood of missing one or more. Missed targets may result in undesirable consequences, for which there is no do-over, and have a devastating effect on productivity.

Richard Artmayer

KY State Educator

Attention Facebook Users:

Jim Springate has created a Facebook group for our chapter. It is another way to communicate with chapter members. If you use a Facebook application, search for “Bluegrass Goldwing Riders”. You can also use the following link to get to the group:

<https://www.facebook.com/groups/1036597176793894>

The Kentucky District also has a Facebook group. Search for “Kentucky Road Riders” or use the following link:

<https://www.facebook.com/groups/328362664780>

Birthdays

Roger Early	3/19
Al Ervin	3/31
Mike VanHoose	4/5
Lena Campbell	4/14
Angela Carter	4/15

Anniversaries

None



4129 Lexington Road,
Paris, KY 40361

Information from your Membership Enhancement Coordinator

Lets get out and VISIT our fellow chapters. Here is a list of when and where they meet. It's FUN to make new Friends.



Chapter A Meet on the 2nd Saturday of the month at Roosters, 10430 Shelbyville Road #7, Louisville. They eat @ 11:00am, meet @ 12:00pm.



Chapter C Meet on the 3rd Saturday of the month at Roosters, 2640 Richmond Road; the location of the old Chop House. Eat @ 11:00am, meet @ 12:00pm.



Chapter G Meet on the 1st Tuesday at American Legion Post 4, 8385 US Hwy 42, Florence. Socialize @ 6:00pm, meet @ 7:00pm.



Chapter K Meet on the 3rd of the month at the Golden Corral, 1320 North Green Street, Henderson, KY. Eat @ 4:00pm, meet @ 5:00pm.



Chapter S Meet on the 2nd Sunday of the month at Shoney's, 1046 Executive Dr. Elizabethtown, KY 42701. Eat @ 4:00pm, meet @ 5:00pm.



Chapter T Meet on the 3rd Saturday of the month at Giovanni's Pizza. Address is 261 Court St., Paintsville, Ky. Eat at 5, meet at 6.



Chapter Y Meet on the 1st Thursday at Majestic Family Restaurant 700 S. 6th St. Mayfield, KY 42066. Eat at 6:00pm, meet @ 7:00pm.

Look at the Chapter Gathering days as we will try and visit them all sometime.